

STARSKATE

2025-2026



**Fliteway
Skating Club**

Register Online or In Person

Skating Towards Excellence

Mailing Address: P.O Box 31072, Edmonton, AB, T5Z-3P3
780-472-1810 / infofliteway@gmail.com www.fliteway.ca

StarSkate General Information

What's New!

There have been some slight modifications to last season's schedule

NEW: Recreational Program Guidelines

Fliteway/Skate Canada Membership has increased slightly

A \$5 per/month increase in fees

STARSkate Fundraising & Registration Dates

Fundraising (Tier 1 Skaters Only).

ALL Bingo requirements must be completed by August 30th, 2025.

Christmas Raffle: \$20 will be added to your account on December 1st for the Christmas Raffle (if you wish to donate an item instead of paying \$20, please let Michelle know before November 26th)

All skaters will be required to register online (through Uplifter) on or before August 1st

Skate Canada/Fliteway Membership will be due at the time of registration. Monthly payments will be processed on the 1st of each month starting September 1st, 2025 and ending June 1st, 2026.

To be considered registered, you must have registered online and completed your member information sheet (Google Form). Make sure to choose the monthly installment option.

September Ice Credits

Additional Bingo Credits or Program Assistant Timesheets can be handed to Michelle and used for ice credits. To receive credit for your September payment, please make sure to submit your sheets or requests to Michelle on or before August 14th. Alberta Figure Skating Foundation grants will also be applied to your September registration. Note: This is provided we received the cheque from AFSF.

Registration Policies and Procedures Overview

Late registrations (after July 31st) are subject to a \$50.00 administration fee. If you require an extension, please let Michelle know before July 31st. This payment will be added automatically to your account.

Bingo Credits are non-refundable and non-transferable.

Selling credits to another member is not permitted.

Additional Bingo credits can be used towards ice credits and are valued at \$75.

Packages / Value

Contracts (packages) are pay 1 price, skate as many days as you would like. Your contract is for 10 months (September 1st to June 31st) If a skater quits, retires, or switches clubs, one-month notice is required. The member is still required to complete all fundraising for their level and Tier.

Membership Has Its Privileges

One of our mandates is "keeping skating affordable". Fliteway is one of the few clubs in Canada that cover all test day expenses, including Skate Canada Testing Fees. Fliteway also covers all coaching expenses for selected competitions, saving parents hundreds or even thousands of dollars a year. Prices include all on-ice and off-ice sessions listed on the winter schedule.

Recommendations

Make sure you align your training with your goals.

2 days per/week **is not recommended** for anyone at the STAR 1 level or higher.

3 days per/week will see some progress and it is suitable for skaters just starting into the Starskate program.

4 days per/week is the target number for most StarSkate level skaters.

5-6 days per/week will maximize progress at all levels.

5-6 days per/week is recommended for Podium Pathway Skaters or higher StarSkate Pathway Skaters

7 days per/week (not recommended).

2025-2026 STARSkate Programs

STARSkate (Figure Skating)

STARSkate offers athletes of all ages an opportunity to develop fundamental figure skating skills in the areas of ice dance, skating skills, freeskate, and artistic skating. Skaters have the opportunity to try Skate Canada Tests and compete in local, provincial, national, and international level competitions.

Junior STAR 1

STAR 1 is the next step after STAR Group and is designed for skaters who are ready to advance into the Junior StarSkate program. STAR 1 includes private and/or semi-private lessons, which are covered in the program fees. Skaters will begin the STAR 1 Skate Canada Testing Structure, which includes dance, skating skills, and freeskate components. This is a pay one price and everything (including your lessons) is included. Skaters will be placed into PODS of approx.. 3 skaters. The exit level for the STAR 1 Program is the STAR 3 level.

Junior StarSkate

This is the starting point for skaters just moving up from STAR 1. Skaters entering this program are required to take private/semi-private lessons. Lessons are an additional charge and are paid directly to the professional coach. In the Junior STARSkate Program, athletes will continue to develop all the basic skating fundamentals through our grassroots-to-champions training system.

STAR 3 to 4 Freeskate level for competitions.

Intermediate B StarSkate

This is for skaters who have progressed past a Junior STARSkate level and are capable of handling a more challenging training schedule.

STAR 4-5 Freeskate level for competitions.

Intermediate A StarSkate

Skaters must be able to manage skating on our Senior Sessions.

STAR 5, 6 or Podium Pathway skaters. **Skaters not already in Intermediate A StarSkate must have approval from the director before registering in the Intermediate A program.**

Senior StarSkate

Senior STARSkate is an advanced program for higher-level skaters. Fliteway provides a comprehensive training schedule suited to meet the needs of both high-level test skaters and those inspired to reach their full potential competitively. **Skaters not already in Senior StarSkate must have approval from the director before registering in the Senior program.**

Alumni Package

Suitable for retired skaters or skaters going to university who want to continue skating for fun and fitness. **They must have been past Fliteway members to qualify as Alumni.** Testing fees are an additional charge (\$30 per/test). Consideration will be given to skaters still in high school who have completed their tests and are interested in skating for fun and fitness.

Recreational Figure Skating

Suitable for skaters who want to learn figure skating at a recreational level. Lesson fees are included in the fees.

Pairs Academy

Offering Freeskate and dance pairs at all levels.

Podium Pathway

Individualized training plans for competitive skaters.

2025-2026 Skating Levels, Tiers, And Fundraising

Tier 1 is the most affordable option with members choosing to work bingos, volunteer for events, and participate in additional fundraisers. Tier 2 recognizes busy families and the challenges faced with fundraising commitments.

Policy: To register in Tier 1, members must be committed to participating in all the fundraising events. This includes working bingos! The success of each fundraiser will often depend on numbers. If the member is not meeting their fundraising commitments (neglecting to participate or missing bingos without notification), they will automatically be transferred to Tier 2. Back payments will be required to the start of the season. **Members choosing to register in Tier 1 but buy out ALL the bingos are required to work 2 additional bingos.**

Junior Tier 1 \$160 per/month / 10 Month Package 4 Bingo Requirements Volunteer for test days/club events Spring Fun Run / Christmas Raffle Total Package: \$1,600	Junior Tier 2 \$260 per/month / 10 Month Package NO Bingo Requirements NO Additional Fundraisers Total Package: \$2,600	Bingos (Buyout Option) 2 additional Bingo Credits required Fun Run (Buyout Option) \$100 CASH or 2 Bingo Credits Christmas Raffle \$20 CASH or an item (new) donation with the same approximate value
Intermediate B Tier 1 \$225 per/month / 10 Month Package 7 Bingo Requirements Volunteer for test days/club events Spring Fun Run / Christmas Raffle Total Package: \$2,250	Intermediate B Tier 2 \$325 per/month / 10 Month Package NO Bingo Requirements NO Additional Fundraisers Total Package: \$3,250	Bingos (Buyout Option) 2 additional Bingo Credits required Fun Run (Buyout Option) \$100 CASH or 2 Bingo Credits Christmas Raffle \$20 CASH or an item (new) donation with the same approximate value
Intermediate A Tier 1 \$235 per/month / 10 Month Package 7 Bingo Requirements Volunteer for test days/club events Spring Fun Run / Christmas Raffle Total Package; \$2,350	Intermediate A Tier 2 \$335 per/month / 10 Month Package NO Bingo Requirements NO Additional Fundraisers Total Package: \$3,350	Bingos (Buyout Option) 2 additional Bingo Credits required Fun Run (Buyout Option) \$100 CASH or 2 Bingo Credits Christmas Raffle \$20 CASH or an item (new) donation with the same approximate value
Senior STAR Tier 1 \$235 per/month / 10 Month Package 7 Bingo Requirements Volunteer for test days/club events Spring Fun Run / Christmas Raffle Total Package: \$2,350	Senior STAR Tier 2 \$335 per/month / 10 Month Package NO Bingo Requirements NO Additional Fundraisers Total Package: \$3,350	Bingos (Buyout Option) 2 additional Bingo Credits required Fun Run (Buyout Option) \$100 CASH or 2 Bingo Credits Christmas Raffle \$20 CASH or an item (new) donation with the same approximate value

PROGRAM	SEASON	TOTAL FEES	FUNDRAISING	TIER 2 FEES	MEMBERSHIP
Junior	Sept. 1 to June 30	\$1,600	\$420	\$2,600	\$90
Intermediate B	Sept. 1 to June 30	\$2,250	\$645	\$3,250	\$90
Intermediate A	Sept.1 to June 30	\$2,350	\$645	\$3,350	\$90
Senior	Sept. 1 to June 30	\$2.350	\$645	\$3,350	\$90

NOTE: Intermediate A and Senior have the same Winter Schedule this season. The price for Int. A now matches Senior. We still need to keep a division of skaters for other club activities and events.

Tier 1 Packages

Fundraising is an essential part of keeping fees as affordable as possible. We understand that families are busier than ever and greatly appreciate those who are able to choose Tier 1. This season, we have removed the bottle and membership drive in the hope that more families can help with Bingos and our Fun Run.

Bingos are valued at \$75.

2025-2026 STARSKATE SCHEDULE

SENIOR	INTERMEDIATE A	INTERMEDIATE B	JUNIOR
MONDAY (GTA) 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:15pm Stroking	MONDAY (GTA) 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:15pm Stroking	MONDAY (GTA) 6:30-7:00pm Off-ice 7:15-7:30pm Stroking 7:30-8:30pm On-ice	MONDAY (GTA) 6:30-7:00pm Off-ice 7:15-7:30pm Stroking 7:30-8:30pm On-ice
TUESDAY (CDA) 6:30-7:30AM On-ice 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:15pm Stroking 5:20-6:00pm Off-ice	TUESDAY (CDA) 6:30-7:30AM On-ice 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:15pm Stroking 5:20-6:00pm Off-ice	TUESDAY (CDA) 6:30-7:30AM On-ice 6:00-6:45pm Off-ice 7:00-7:15pm Stroking 7:15-8:00pm On-ice	TUESDAY (CDA) 6:00-6:45pm Off-ice 7:00-7:15pm Stroking 7:15-8:00pm On-ice
WEDNESDAY (CDA) 6:30-7:30AM Stroking 2:45-3:45pm On-ice 3:45-4:45pm On-ice 4:45-5:00pm Stroking 5:05-5:45pm Off-ice	WEDNESDAY (CDA) 6:30-7:30AM Stroking 4:15-5:00pm Off-ice 5:15-5:30pm Stroking 5:30-6:15pm On-ice	WEDNESDAY (CDA) 6:30-7:30AM Stroking 4:15-5:00pm Off-ice 5:15-5:30pm Stroking 5:30-6:15pm On-ice	WEDNESDAY (CDA) No Skating
THURSDAY (CDA) 1:30-2:30pm On-ice 2:45-3:30pm On-ice 3:45-4:45pm On-ice 5:00-5:45pm Off-ice	THURSDAY (CDA) 1:30-2:30pm On-ice 2:45-3:30pm On-ice 3:45-4:45pm On-ice 5:00-5:45pm Off-ice	THURSDAY (CDA) 5:45-6:20pm Off-ice 6:30-6:45pm Stroking 6:45-7:30pm On-ice	THURSDAY (CDA) 5:45-6:20pm Off-ice 6:30-6:45pm Stroking 6:45-7:30pm On-ice
FRIDAY (CDA) 6:30-7:30AM On-ice 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:30pm Stroking	FRIDAY (CDA) 6:30-7:30AM On-ice 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:30pm Stroking	FRIDAY (CDA) 6:30-7:30AM On-ice 2:45-3:45pm On-ice 4:00-5:00pm On-ice 5:00-5:30pm Stroking	FRIDAY (CDA) 6:30-7:30AM On-ice
SATURDAY (GGA) 10:45-11:45pm On-ice	SATURDAY (GGA) 10:45-11:45pm On-ice	SATURDAY (GGA) 12:00-12:45pm On-ice 12:45-1:15pm Stroking	SATURDAY (GGA) 12:00-12:45pm On-ice 12:45-1:15pm Stroking
SUNDAY (GTA) 10:30-11:00am Stroking 11:00-12:00pm On-ice	SUNDAY (GTA) 10:30-11:00am Stroking 11:00-12:00pm On-ice	SUNDAY (GTA) 9:15-10:00am On-ice 10:15-10:30am Spins 10:30-11:00pm Stroking 11:15-12:00pm Off-ice	SUNDAY (GTA) 9:15-10:00am On-ice 10:15-10:30am Spins 10:30-11:00am Stroking 11:15-12:00pm Off-ice

GTA=Grand Trunk Arena / GGA=Glengarry Arena / CDA=Castle Downs Arena

Off-ice Training	Off-ice Equipment	CanSkate Times
Mondays (Fitness) Tuesdays (Dance Enrichment) Wednesdays (Off-ice Jumps) Thursdays (Fitness) Sunday (Off-ice Jumps)	*Running shoes *Water bottle *Skipping rope *Yoga mat	Mondays 5:30-6:15pm Tuesdays 6:15-7:00pm Thursdays 5:45-6:30pm Sundays 12:15-1:15pm

Junior STAR 1 Program

Junior STAR 1 \$340 per/month / 10 Month Package 4 Bingo Requirements Volunteer for test days/club events Spring Fun Run /Christmas Raffle Total Package: \$3,400	Skaters will follow the Schedule below. Lessons are included in your fees!	Bingos (Buyout Option) 2 additional Bingo Credits required Fun Run (Buyout Option) \$100 CASH or 2 Bingo Credits Christmas Raffle \$20 CASH or an item (new) donation with the same approximate value
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MONDAYS 5:30-6:00pm Off-ice 6:15-7:00pm On-ice	TUESDAYS 6:00-6:45pm Off-ice 7:00-8:00pm On-ice	THURSDAYS 4:45-5:30pm On-ice 5:45-6:30pm Off-ice	SATURDAYS 12:00-1:15pm On-ice	SUNDAYS 9:15-11:00am On-ice 11:15-12:00pm Off-ice
Grand Trunk Arena	Castle Downs Arena	Castle Downs Arena	Glengarry Arena	Grand Trunk Arena

Recreational Figure Skating

The Recreational Program is designed for skaters who wish to learn figure skating in a fun and fitness-focused environment. Skaters will be grouped under the STARSkate umbrella for scheduling and level placement.

Each session is approximately 45 minutes and includes:

- One 15-minute private or semi-private lesson
- 30 minutes of practice time

Program Details <ul style="list-style-type: none"> • No Skate Canada Testing • No Competitions • No Stroking or Off-Ice Sessions • No Fundraising Requirements 	Program Fees <ul style="list-style-type: none"> • 1 day per week • \$90 per month • Skate Canada Membership Fee \$62 Program Sessions <ul style="list-style-type: none"> • Session #1: September to December • Session #2: December to March
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If interested in the Rec. Program, please contact Clyde before registering.

Alumni Program

Eligibility

- Former Fliteway skaters, typically in university or semi-retired.

Package <ul style="list-style-type: none"> • 2 days/week • Lessons: Additional cost 	Program Fees <ul style="list-style-type: none"> • No Fundraising • \$75 per/month • Testing Fees \$30 per/test • Skate Canada Membership Fee \$62
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Fliteway Board Of Directors / Administration Team

- Danita L, President
- Gita B. Vice President
- Amanda M. Treasurer
- Cindy W. Secretary
- Jia K. Member At Large
- Linda B. Coaching Representative
- Office Manager: Michelle M.
- Coaching Director: Clyde H. / Tracey H.

Program Assistants Times

Mondays 5:30-6:15pm	Tuesdays 6:15-7:00pm	Thursdays 5:45-6:30pm	Sundays 12:15-1:15pm
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- Program Assistant Training: Tuesday, August 27th, Castle Downs Arena

Wednesday Morning Ice (6:30-7:30 AM)

- We are very pleased to announce that we are continuing with our Morning Stroking Development Sessions. This session is open to all Intermediate and senior-level skaters. The focus of the class will be on edges and turns, as well as rotational development. 6:30-7:30 AM (Castle Downs Arena)

AM Skating

- Fliteway offers 3 early morning skates. Tuesdays, Wednesdays, and Fridays. Morning ice is a great time to work on skills, dance, choreography, and spins. Wednesday mornings are a 60-minute group development class.

Social Events

- We will be continuing with our team-building events throughout the winter.

Professional Coaching Staff

- Please see the website for details.

Our Club Vision

- Fliteway is committed to creating a skating community where every athlete feels valued, supported, and inspired. We believe in an inclusive and welcoming environment where skaters of all backgrounds, ages, and abilities can thrive. Our holistic approach focuses on developing the whole athlete in a safe, respectful, and positive learning environment. Our dedicated coaches and staff work closely with each skater to support their individual goals, whether they aspire to compete, test, or skate for personal fulfillment.

2025-2026 Calendar Of Events

NO SKATING DAYS				
Monday	Sept. 1	NO SKATING		
Friday	Oct. 10	NO SKATING	Thanksgiving	
Sunday	Oct. 12	NO SKATING	Thanksgiving	
Monday	Oct. 13	NO SKATING	Thanksgiving	
Friday	Oct. 31	NO SKATING	Halloween	
Tuesday	Nov. 11	NO SKATING	Remembrance Day	
Mon-Fri	Dec. 22-26	NO SKATING	Xmas Break	
Wed-Fri	Dec. 31-Jan1	NO SKATING	New Years	
Sun-Mon	Feb. 15-16	NO SKATING	Family Day	
Saturday	Mar. 21	NO SKATING	Glengarry Closes	
Saturday	Mar. 28	NO SKATING	Glengarry Closes	

COMPETITIONS / CLUB EVENTS / PERFORMANCE DAYS				
Sept. 1	Tuesday	First Day of Winter Programming		
Sept. 26-28	Fall Invitational	Podium Pathway	TBA	AB
Oct. 30-Nov. 1	Sectionals	Podium Pathway	Edmonton	AB
Nov. 11	Performance Day	STAR 1 to 3	Edmonton	AB
Nov. 12	Fliteway Social	Club Christmas Dinner	Edmonton	AB
Nov. 27-30	SC Challenge	Podium Pathway	Calgary	AB
Dec. 5-7	STAR Series #2	STAR 4 to Gold	St. Albert	AB
Dec. 16	Christmas Gala	Christmas Ice Show	Edmonton	AB
Dec. 27-30	Camp	Fliteway Christmas Camp	Edmonton	AB
Jan. 5-11	Canadians	Podium Pathway	Gatineau	QC
Jan. 23-25	STAR Series #3	STAR 4 to Gold	Grande Prairie	AB
Jan. 31	Performance Day	STAR 1 to 3	Edmonton	AB
Feb. 5-8	SC Trophy	Podium Pathway	Dartmouth	NS
Feb. 20-22	STAR Series #4	STAR 4 to Gold	Lethbridge	AB
Feb. 27-Mar. 1	CWI	Podium Pathway - Star 5-Gold	Calgary	AB
Feb. 27-Mar. 1	Winter Classes	Podium Pathway-STAR 1 to Gold	Swift Current	SK
Mar. 20-22	STAR Championships	STAR 5 to Gold	Calgary	AB
June 30	Tuesday	Last Day Of 10-Month Contract		

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